KNEE STEROID INJECTION

**Description**
This non-operative, outpatient procedure is designed to provide relief for patients with pain of the knee. The technique allows the physician to inject an inflammation-reducing steroid with maximum accuracy.

**Preparation**
The physician swabs the knee, injects a numbing medication and positions an ultrasound device.

**Finding the Target Area**
Using the Ultrasound device, the physician locates the injection site and is ready to inject the medication.

**Injecting the Medication**
The rear of the syringe is removed from the needle and a syringe filled with a local anesthetic and steroid is attached. The physician injects the medication into the joint.

**End of Procedure**
The local anesthetic and steroid solution in the knee joint will reduce inflammation and pain. The injection can be repeated if necessary.